



Bearcat Volleyball Camp is looking forward to another spiritual, educational, and fun experience to be partnering with **Fellowship of Christian Athletes** for a second year.

Fellowship of Christian Athletes and the coaching staff aim to provide a time of "inspiration and perspiration" for coaches and athletes to reach their potential by offering comprehensive athletic, spiritual, and leadership training.

Bearcat Volleyball Camp and **FCA** are committed to providing a learning experience for all levels of volleyball players. Whether you are a seasoned athlete or a beginning player, come as a team or as an individual. **Bearcat Volleyball Camp** and **FCA** will assist in improving your fundamental skills while teaching you new techniques, team concepts, and creating a spiritual and positive team dynamic.



Carla Decker leads the camp with a corps of experienced college players and coaching colleagues while maintaining a 6:1 camper to coach ratio.

I have been the director of camps and clinics for the past nine years throughout the south and east coast. I look forward to every summer because it allows me to work with various age groups, playing levels, and to share the love of volleyball.

I hope you will join Lander and FCA in working to become the best person, teammate, and volleyball player you can be and have fun doing so.

Lander University
320 Stanley Ave
Greenwood, SC 29649
www.landerbearcats.athleticsite.com



Fall 2007 Season Highlights:
23-10 Overall Record

2nd Place finish in Peach Belt Conference

2nd Place in Peach Belt Conference Tournament

All- Conference Awards:

Andrea Griffin #11
Senior/ Middle Hitter

Kay Stewart #7
Junior/ Middle Hitter

FRESHMAN OF THE YEAR:
Candace LaRocca #3/ Setter

COACH OF THE YEAR:
Carla Decker



**BEARCAT
Volleyball
Camp**

June 23rd—25th

Deadline June 9th

**TEAM &
SKILLS CAMP
in
Partnership
with FCA.**



Camp Schedule :

Monday, June 23rd:

10:30 am to Noon- (no lunch provided)

Check in / Registration

PEES Building

Noon- 1:30 : Session 1

1:30 pm- 4:30 pm: Session 2

5 pm-6:00 pm: Dinner

6:30 pm-8 pm: Session 3

8pm til- FCA SESSIONS

Tuesday, June 24th:

7 am- Breakfast for overnights

8am-12 pm : Session 1

NOON-1 pm : Lunch Break

1:30 pm- 4:30 pm: Session 2

5 pm-6:00 pm: Dinner

6:30 pm-8 pm: Session 3

8pm til- FCA SESSIONS

Wednesday, June 25th:

7 am- Breakfast for overnights

8am- 11am: Round Robin

Tournament

11-noon: Awards Ceremony

WHAT TO BRING:

*Plenty of T-shirts & Spandex/ shorts

*Volleyball shoes (already broken in) &

Socks

*Change of shoes for non-gym use

Recommend: knee pads or ankle braces

*****Lots of energy and enthusiasm!!!!

OVERNIGHTERS:

Twin sheets, Pillows & blankets

Towels , Toiletries , Sleeping Attire



Session 1

The First session will focus on individual skills such as serving, setting, attacking, passing and Libero training.

**Any 9-13 yr old with little or Middle School only playing experience is invited to participate in the First sessions.*

**There will be "huddle meetings" during each session with FCA.*

Session 2

Afternoon sessions will combine fundamental skills, court movement, plus offensive and defensive strategies. This will allow for a progression of skills , learning new strategies, and applying techniques.

Session 3

Evening sessions are focused on team dynamics , game concepts and developing competitive play.

****Campers can come to camp as a **team, with teammates or as individuals** . Individuals will be placed or grouped on a team by the camp coaches.*

COST:

Includes T-shirt and Athletes' Bible

DAY CAMPER: \$75

Session 1 ONLY, No Meals

COMMUTER: \$150

All sessions, Lunch & Dinner

OVERNIGHTERS: \$ 200

All sessions, All meals and

Housing

Registration:

Bearcat Volleyball Camp / FCA

June 23rd – 25th	Price
<input type="checkbox"/> First session only (no meals)	75.00
<input type="checkbox"/> Commuter (no breakfast)	150.00
<input type="checkbox"/> Overnighter	200.00
Roommate preference _____	
Method of Payment	<input type="checkbox"/> Check # _____
	<input type="checkbox"/> Money Order # _____
	<input type="checkbox"/> Cash _____
Amount Paid :	_____
\$50 Deposit Due June 9th	_____

Name of participant _____ Home Phone Number _____

Address _____

Name of school _____ Grade for Fall 2008 _____

T-shirt S, M, L _____

Liability release: I, the undersigned, as a parent or guardian of _____ (Camper) a minor ask that he/ she be admitted to participate in the sports camp at Lander University. I hereby do agree to release, discharge Lander University, their coaches, employees of and from all causes, liabilities, damages, and claims whatsoever on account of any injury or accident involving minor's attendance in the sport camp or in the course of competition and activities held within the course of the sport camp.

Signature of Parent or Guardian _____

Checks payable to: **CDVB Camps**

OR **Carla Decker Volleyball Camps**

Phone: 864-388-8963

Cell phone: 864-980-2723

Fax: 864-388-8889

E-mail: cdecker@lander.edu