

PHYSICAL EDUCATION - K-12 TEACHER CERTIFICATION

In most educational systems, **physical education (PE)**, also called **physical training (PT)** or **gym** in less progressive settings, is a course in the curriculum which utilizes learning in the cognitive, affective and psycho motor domains in a play or movement exploration setting. In the United States, it is almost always mandatory for students in elementary schools, and often for students in middle schools and high schools.

The primary aim of physical education is to equip students with the knowledge, skills, capacities, and values along with the enthusiasm to maintain a healthy lifestyle into adulthood. Some schools also require physical education as a way to promote weight loss in students. Activities included in the program are designed to promote physical fitness, to develop motor skills, to instill knowledge and understanding of rules, concepts, and strategies, and to teach students to work as part of a team, or as individuals, in a wide variety of competitive activities.

Career Titles

Some of these positions may require additional training or certification in addition to a Bachelor's Degree.

Activities Director	Occupational Exercise
Adventurer/Risk Trainer	Occupational Therapy Assistant
Aquatic Management	Park Manager
Athletic Coach	Personal Trainer
Athletic Director	Professional Sports Scout
Athletic Trainer	Professional Sports Umpire
Cardiac Rehabilitation	Prison Recreation Specialist
Cardiovascular Fitness Instructor	PE/Sport/Research Instructor
Community Recreation	Physical Therapist
Corporate Fitness Instructor	Physical Therapist Assistant
Country Club Manager	Recreation Specialist
Camp Director	Rehabilitation Specialist
Chiropractor	SPA/Health Club Manager
Commercial Recreation	Sports Medicine
Cruise Recreation Director	Sports Agent
Dance-/Aerobics Instructor	Sports-Fitness Nutritionist
Dietitian	Sporting Goods Sales
Emergency Medical Technician	Social Director
Exercise Physiology	Strength-Conditioning Coach
Health/Fitness Consultant	Sports Psychologist
Nutrition Specialist	Swimming Pool Manager
	Teacher; Physical Education

Employment Settings

Athletic Companies	Occupational Therapy Units
Corporations of all types	Public & Private Schools K-12
Community Centers	Physician Practices
Colleges & Universities	Research firms
Fitness Centers	Scouts Organizations
Health Clubs	Sports Franchises
Hospitals & Medical Centers	Sports Medicine Clinics
	YMCAs

ONLINE RESEARCH

- Blue Fish jobs <http://www.bluefishjobs.com/>
- NCAA <http://www.ncaa.org>
- Public Health Career Action Center <http://www.sph.emory.edu/studentsservice/Career.html>
- Health Promotion Career Network- <http://www.hpridirect.com/jobspage.cfm>
- US Dept. of Health & Human Services- <http://www.hhs.gov/jobs/hhsjobs.html>
- NIH Employment and Training Opportunities <http://ohrm.cc.nih.gov/employ/nihopp.html>
- Team Work Sports Team Jobs <http://www.teamworkonline.com/>
Search for all kinds of internships with professional sports teams
- Health and Wellness Jobs <http://www.healthandwellnessjobs.com/>
- North Carolina High School Athletic Association <http://www.nchsa.org/index>
- Human Kinetics <http://www.humankinetics.com/careers/>
- Johnson and Johnson <https://opportunities.inj.com/index2.html>
- Online Sports <http://www.onlinesports.com/pages/CareerCenter.html>
- Education job listings web sites <http://www.uncwil.edu/stuaff/career/Majors/education.htm>
- MonsterTRAK <http://www.monstertrak.com>
- Health Care Job Bank <http://www.healthcarejobbank.com/>
- Taz Sport Coaching Jobs <http://www.tazsport.com/>
- U.S. Dept of Health & Human Services www.hhs.gov/careers/students.html
- National Institute of Health <http://www.nih.gov;>
- internships <http://www.training.nih.gov>
- TeamWork Online's Sports Jobs <http://www.teamworkonline.com/>
- Professional Baseball Employment Opportunities <http://www.pbeo.com/>

Career Planning Links:

- Exercise Science Careers <http://careerservices.rutgers.edu/Mexercise.html>
- NCAA Career Coach <http://ncaacareercoach.monster.com/>
- Get that Gig - In Sports & Fitness <http://www.getthatgig.com/sports/index.html>
- Guide to Careers in Sports <http://www.sportscareers.com/insiders/insiders.asp>

Professional Associations Links:

- National Assoc for Physical Education: <http://www.aahperd.org/aahperd/template.cfm?template=students.html>
- National Athletic Trainers Association <http://www.nata.org>
- American Physical Therapy Association <https://www.apta.org/>
- American College of Sports Medicine <https://www.acsm.org>
- Sports and Exercise Psychology <http://spot.colorado.edu/~collinsj>
- American Association for Health Education <http://www.aahperd.org/aahe/template.cfm>

Miscellaneous Resources:

- Sports Media: <http://www.sports-media.org/>
- SPORTQuest - <http://www.sportquest.com>
- Physical education resources: <http://k-12.pisd.edu/ElemCurr/PE/pesites.htm>
- Physical education for education <http://www.pecentral.org/>
- Physical Education - <http://www.idcnet.com/~cstewart/elnkpe.htm>
- Spark: Innovative k-6 Physical Education curriculum
http://www.educationplanet.com/search/redirect?id=2926&mfcount=49&mfkw=physical_education&startval=0